

As a
Woman
Thinketh

By Cindy Cashman

Inspired by [*As a Man Thinketh*](#) by James Allen

As a Women Thinketh

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A woman's Mind is the *power source* by which she creates her reality.

She is perfectly joined as one with her Mind, thoughts, and feelings, and therefore

Experiences them to be either a source of joy or pain.

What she thinks and feels in private will surely come to pass,

And the outer world around her is her mirror reflecting back.

CONTENTS

Thoughts, Feelings, and Character 1

Effects of Thoughts and Feelings On
Circumstances **Error! Bookmark not
defined.**

Effects of Thoughts and Feelings on
Health and the Body **Error!
Bookmark not defined.**

Thoughts, Feelings, and Purpose
Error! Bookmark not defined.

The Thought – Feeling Factor in
Achievement **Error! Bookmark not
defined.**

Visions and Ideals **Error!
Bookmark not defined.**

Serenity
defined.

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Foreword

This little volume (the result of meditation and experience) is not intended to exhaust the much-written-upon subject of the power of thought. Rather, its purpose is to suggest and expand the perceptions of women that –

“She herself is the maker of
herself”

by virtue of the thoughts and feelings she chooses and encourages. Her mind and heart are the master of both her spiritual journey and physical experience. Though she may have sown her thoughts and feelings in ignorance (i.e. allowed her mind and emotions to entertain negative situations, possibilities, and outcomes), she now

understands the innate power of her inner being to transform them into prosperity and joy.

Cindy Cashman

Thoughts, Feelings, and Character

The old adage, “As a man thinketh in his heart, so is he,” is quite profound in its own right. However, we would like to add another dimension to this ancient proverb and propose that, “As a *woman thinketh and feeleth* in her heart, so is she.”

A woman who understands how to harness her thoughts and emotions and utilize them for the creation of universal good contains within her the ability to actualize miracles, thus proving that her entire character and being are the sum total of her every thought and feeling. A woman’s thoughts, feelings and actions are, unquestionably her guidance, wisdom, and inner strength.

Just as the seed of a flower needs rich substance from the soil to be fertilized by the life force from Mother Earth, so does a woman need her practical thoughts to be governed by divine knowledge. When the two are harmoniously joined with action, her experiences, circumstances, and events are brought into physical expression . whether they are spontaneous or deliberately executed.

A woman's physical reality is directly related to her thoughts, feelings and actions; hence, her joy or suffering become their results.

Thoughts and feelings have made her. A woman is shaped and molded by their effects. If a woman's mind has negative thoughts, pain and misery will follow . . .

If she endures in purity of thoughts and feelings, joy will follow her and will remain within her presence.

A woman is subject to this law and does not rely on “sheer luck.” Cause and effect are as absolute in the hidden realms of thoughts and feelings as they are in the visible world of material things.

A noble character is not a thing of favor or chance, but is the natural result of continued effort in positive thoughts, feelings and actions. An offensive and cruel character, by the same process, is the result of continued harboring of toxic thoughts, feelings and actions.

Every woman is made or remade by herself. In an armory of negative thoughts and emotions, she forges the weapons by which she destroys herself.

She also fashions the tools with which she builds for herself, heavenly mansions of peace, love, and joy.

Through application of choice in positive thoughts, feelings and actions, she quickly ascends to Divine Perfection; by the choice and application of negative thoughts, feelings, and actions her experience is one of misery and frustration. Between these two extremes are all the grades of character; woman is their maker and master.

Of all the beautiful truths pertaining to the soul which have been brought to light in this age, none is more gladdening or fruitful of divine promise and confidence than this: Woman is the master of her thoughts and feelings, the sculptor of her character, and the maker of condition, environment, and destiny.

As a being of Power, Intelligence, and Love, as well as the ruler of her thoughts and feelings, a woman holds the keys to every situation. She contains within herself the transforming and regenerative power by which she can make herself what she wills.

She is the master, even in her weakest and most abandoned state; but in her weakness she is the foolish master who misgoverns her life. However, when she reflects upon her condition and searches diligently for the Law upon which her being is established, then she becomes the wise master, directing her energy with intelligence and fashioning her thoughts, feelings and actions to produce positive results.

Now she becomes the conscious master, and discovers within herself the laws of thoughts and feelings. Through these

laws she realizes her divine ability to create the life she desires by controlling her thoughts, feelings and actions.

Through deep searching and silent meditation she is enlightened by her divine nature. When she begins her own personal archeological dig within her soul, she will find every truth connected to her being: That she is the maker of her character, the molder of her life, and the builder of her destiny.

She will further her experience as a master when she watches and controls her thoughts feelings and actions, tracing their effects upon herself, others, and her life and circumstances. Linking cause and effect by patient practice and investigation – utilizing her every experience, even to the most trivial, everyday occurrence, as a means of obtaining that knowledge for herself –

she will awaken to true Understanding, Wisdom, and Power.

In this direction, is the absolute law that, “She that seeks will find; to her that knocks it shall be opened.” For only by patience, practice, and ceaseless persistence, can a woman enter the Door of the Temple of Knowledge.

This was just a preview

The following are the remaining chapters that were omitted from this preview:

Thoughts, Feelings, and Character

Effects of Thoughts and Feelings On Circumstances

Effects of Thoughts and Feelings on Health and the Body

Thoughts, Feelings, and Purpose

The Thought – Feeling Factor in Achievement

Visions and Ideals

Serenity

About the Author



Since her start as an author and entrepreneur, Cindy has published 12 books and has sold millions of copies, including the world wide best seller

Everything Men Know About Women (written under the pseudonym of Dr. Alan Francis) making her one of the most successful and creative self-publishers in the country. Her books are available in over fifteen countries and ten languages.

Also by Cindy:

The Million Dollar Question Handbook: Discover Questions That Can Change Your Life,

Recipes for Everyday Abundance

and The Answer: 8 Steps to Create the Life You Love.

To sign up for the complimentary question of the week and receive questions that have the power to change your life, visit:

www.CindyCashman.com

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Do you want to make more money and have fun doing it? Cindy is available for one on one coaching for companies and individuals where she provides powerful

questions to help you discover things about yourself, your business, and your life.

www.CindyCashman.com/coaching/

Cindy writes and speaks to audiences worldwide on Sales, Marketing and Intuition. Her stories inspire and motivate, while her questions stimulate audiences to tap into their natural talents.

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